

EXHIBIT G

*Contours* **Express**®  
The Better Idea in Women's Gyms!™

**Confidential**  
**Operations Manual**

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### Table of Contents – Confidential Operations Manual

I. Grand Opening	5-37
II. Employee Procedures	38-59
III. Marketing /Branding	60-74
IV. Basic Physiology & Kinesiology of Workout	75-115
V. Overview of Workout	116-119
VI. Weight Loss	120-153
VII. Diet	165-177
VIII. Sales Recap / Sales Tools & Information	175-191
IX. Guidelines for Succe\$\$	192-198
X. Equipment Information	199-204
XI. Maintenance & Cleaning	205-207
XII. Corporate Trainer Visit	207-210
XIII. Vendor Information	211-214